idderlicious					
Nídderdale Week 2	Monday	Tuesday	Wednesday	Thursday	Fríday
Maín Meal	Porchetta Ragu Diced Pork in a homemade slightly spicy tomato sauce served with rigatoni pasta & sprinkled with parmesan cheese (gl)(mk)(eg)	Homemade BBQ Chicken Pizza Homemade pizza bases topped with our delicious pizza sauce, cheese & ham served with vegetable sticks (gl)(mk)	Swedish Meatballs Swedish meatballs served on top of creamy mashed potatoes and our home- made gravy and peas (gl)(mk)	Chicken Goujons & Chips Spicy goujons served with chips, beans or sweetcorn (mk)(gl)(cel)	Chinese Chicken Curry Chicken pieces poached in a Chinese curry sauce with peas & boiled rice (gl)mst)
	Please ask for vegetarian options	Please ask for vegetarian options	Please ask for vegetarian options	Please ask for vegetarian options	Please ask for vegetarian options
Grab& Go	Pasta Pots/Paninis See daily menu	Pasta Pots/Paninis See daily menu	Pasta Pots/Paninis See daily menu	Pasta Pots/Paninis See daily menu	Pasta Pots/Paninis See daily menu
Cold Selectíon	Cold sandwiches/pasta pots available	Cold sandwiches/pasta pots available	Cold sandwiches/pasta pots available	Cold sandwiches/pasta pots available	Cold sandwiches/pasta pots available
MEAL DEAL £2.95: Hot main course (in bold) & Pudding. Break Items: Bacon/Sausage Butties, Sandwiches, Baguettes, Baps/ Wraps, Tray Bake, Fresh Fruit/Fruit Pots. Drinks: Water, Flavoured Milks, Fruit Juices & Smoothies. (*Always put your recyclable waste in the bins provided. Ever Please talk to a member of staff regarding allergens. Vege Vegan (ve) & Gluten Free (gf) options are available on the bins provided. Ever					er ergens. Vegetarian (v),
Learning Trust					